

September 2024

Welcome to West Devon CVS's latest Bulletin where you will find news, information, details of any training and guidance to help support your group. West Devon CVS can help you develop and connect with others, so please get in touch if you would like to discuss anything. If you would like to have information about your group and its work included in the next Bulletin, please let us know.

For inclusion of information, please email Billie at <u>info@westdevoncvs.org.uk</u>

For help with funding, governance and community development, please email Orla at <u>orla@westdevoncvs.org.uk</u>

QUICK LINKS: Information, help and support West Devon services and news Service updates from the sector Training Funding Resources

INFORMATION, HELP AND SUPPORT

CVS Community Wellbeing Fairs -

Tavistock Butchers Hall 10 am – 2 pm **Friday 4 October 2024**: STALLS NOW FULLY BOOKED! Come along and discover a wealth of information, support and friendship.

Okehampton Charter Hall 10 am – 2 pm Wednesday 6 November 2024: bookings still open. Join us and discover a wealth of information, support and friendship.

Free hard copies of "In Touch Tavi" and "In Touch Oke" will be available at these 2 events.

For further details, contact WDCVS Events Team: Billie at <u>billie@westdevoncvs.org.uk</u> or Amy at <u>amy@westdevoncvs.org.uk</u>



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Upcoming CVS Training Dates

- 1. Get Confident with All Your Communications improve the way you communicate with the public to help raise your profile, recruit volunteers, connect with funders and raise funds an on-line Zoom session with Jess Holliland of JCH Consulting a coach, trainer and business consultant on Thursday 24 October 2024, 11.30-1.30pm
- 2. Funding How to Find It! learn how to find funding for your specific project, how to approach funders and insights into what funders are looking for with Margi Jervoise, freelance fundraiser for many South West charities and mentor with the Institute of Fundraising. Thursday 21 November 2024 10-12.30pm in Tavistock (venue to be confirmed)
- **3.** Funding How to Write A Good Grant Application this practical session will help you get to grips with the thinking and planning required to get your words down in a way that effectively describes your activities and ideas, and appeals to funders, with Susan Moores, freelance trainer and community consultant with 30 years' experience in capacity building voluntary and community organisations and successful fundraising bids. Date and venue to be confirmed.

These are free sessions for community and voluntary groups based and delivering services/activities in the borough of West Devon. **Booking is essential** - please contact <u>orla@westdevoncvs.org.uk</u>

Devon Connect – Continuing Campaigns

Random Acts of Kindness – go to <u>https://devonconnect.org/campaigns</u>

Become a Trustee Today – go to https://devonconnect.org/campaigns

Youth Matters – go to <u>https://devonconnect.org/campaigns</u>

Sign up to Devon Connect today to join in these campaigns and to add your own activities. Go to: <u>https://devonconnect.org/south-hams-and-west-devon</u>

You can also contact us at info@westdevoncvs.org.uk as we may be able to refer you to additional activities taking place near you.



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"In Touch Tavi" and "In Touch Oke"

Please visit our **frequently** updated and useful "In Touch Tavi" and "In Touch Oke" on Health, Wellbeing, Families, Young People, Transport, as well as a section on Living Costs including all year round welcoming spaces, foodbanks and food hubs. If you know of anything that is missing and should be included, please contact <u>info@westdevoncvs.org.uk</u> with its full details.

Click here for links:

https://www.westdevoncvs.org.uk/projects/in-touch-at-home-tavi/

https://www.westdevoncvs.org.uk/projects/in-touch-at-home-oke/

WEST DEVON CVS – SERVICE UPDATES AND NEWS

Action for Children – new digital Family Hub Service

For all details of the new dedicated Family Hub Advice Line and website, including activities in Okehampton and Hatherleigh, plus starting in **October**, free workshops on Building Babies Brains, go to:

<u>Devon Family Hubs Website Poster.pdf</u> and <u>AG Line and Website Flyer.pdf</u> and <u>https://www.smartsurvey.co.uk/s/RequestToContact/</u>

Also offered is free domestic awareness training and how to become part of Devon J9 Network in Okehampton on **10 October 2024.**

The Printworks, Tavistock (Kingdon House Community Association)

Trustee vacancy: join our small, friendly group of Trustees to bring your initiative and ideas for the future of our beautiful Grade II Listed Building and help us with our plans for the future of The Printworks.

The commitment would be to attend regular Management meetings every 6 weeks to discuss current matters, as well as input ideas for our ongoing refurbishment scheme and future plans.

If interested, email: <u>info@printworkstavistock.org.uk</u> or ring 01822 615259.



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Okehampton United Charities – a significant local grant making endowment charity.

Co-opted Trustee vacancy: Do you live, work or have an interest in Okehampton and its Hamlets (Brightley, Southcott, Meldon and Stockley). Are you interested in helping the local community? Time commitment is one day a month in this unpaid but fulfilling role. Applicants welcomed from all sectors and age groups.

To find out more, go to <u>www.okehamptoncharities.org.uk</u>, phone Karen on 07715 621480 or email <u>clerk@okehamptoncharities.org.uk</u>. Deadline for completed applications is Monday 7th October 2024. Interviews will be during the week of 21st October. The first meeting dates for successful applicants is expected to be 27th November 2024 or 29th January 2024.

Tavistock Care Café – coffee, cake, compassion

A welcoming place if you are experiencing loss through for example, grief or bereavement, life-limiting or terminal illness, or if you are caring for someone experiencing loss. 10.30 – 12 noon 2nd and 4th Tuesday of the month Lower Hall, Tavistock Methodist Church Email: <u>carecafe@me.uk</u>

Filo Project

An award winning not-for-profit organisation providing small group care days for people with early to moderate dementia. Spaces are available and referrals are most welcome. Funding is available for qualifying clients. Contact Lisa Earle at lisa.earle@thefiloproject.co.uk.

For full details, go to: <u>https://www.thefiloproject.co.uk/</u>

Made-Well Vibes – latest information and details of all activities including details of special Harry Potter themed Halloween event.

Go to <u>https://www.made-well.co.uk/</u> or find on Facebook.

Devon Carers Summer and Autumn 2024 Newsletters

Go to: Magazine - Devon Carers



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Home Instead - September newsletter

Go to: <u>https://www.homeinstead.co.uk/tavistock-tamar-valley/blog/welcome-to-our-september-</u>2024-newsletter/

Community Links SW – newsletter

Go to: https://www.communitylinks-sw.co.uk/community-links-newsletter/

South West Lakes Trust – September news

Go to: News from South West Lakes Trust, September 2024 (mailchi.mp)

Neurodivergent Adults Group in Okehampton

Friendly drop in session for neurodivergent adults 18+ with or without an official diagnosis, 11 am - 1 pm every 3rd Tues of the month, upstairs at ImageOke, a coffee shop in the Arcade, Okehampton, EX20 1EX

Contact Alex Izzard

Email: mercury tripwire@hotmail.com

West Devon Art Workshops

For details of all courses and to book, ring 07724 153381, email <u>westdevonartworkshops@gmail.com</u> or visit <u>https://www.westdevonartworkshops.co.uk/classes</u>

Libraries Unlimited -

Bringing ideas, imagination, creativity and knowledge to enrich lives and build thriving communities. For latest updates on projects and all information, go to <u>https://www.librariesunlimited.org.uk/</u>



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Menopause Café in Tavistock

Continuing on 1st Wednesday of month at Mime Café, Paddons Row, Tavistock. Free in upstairs relaxed and safe space welcoming men as well as women, helping everyone learn from others on all things perimenopause and menopause. Additional future sessions being planned on evenings and weekends with specialist speakers.

Danielle on 07769 705490 Visit Facebook page at <u>https://shorturl.at/ktGMO</u>

Wellmoor

For all information and activities, go to https://www.wellmoor.org.uk/

Ring 01647 478378 or email Katie at <u>katie@wellmoor.org.uk</u> Wren Music - Singing for Wellness

For anyone living with a respiratory condition. Thursdays 2 pm – 4 pm at The Pavilion in the Park, Okehampton College, Mill Road, Okehampton EX20 1GE.

All are welcome (no experience necessary) to sing together, make friends and have fun singing songs and giving local performances. Run by professional singing leaders who are trained by a respiratory physiotherapist from University of Plymouth.

For further details on all activities, email <u>info@wrenmusic.co.uk</u>, ring 01837 53754 or visit www.wrenmusic.co.uk

SERVICE UPDATES FROM THE SECTOR

Circles South West – news and developments

Go to: Circles South West Newsletter Sept 24 (mailchi.mp)

MS-UK –online activities

Helpline <u>0800 783 0518</u>. Wide range of sessions, webchat, e-learning all available For all information and support, go to: <u>https://ms-uk.org/</u>

Kooth – supporting the mental health of children and young people in your community. "Whatever you're feeling, we're here to help". Get free, safe and anonymous support.

For a chance to win prizes, and find out about mini activities to boost your wellbeing, go to https://www.kooth.com/

(Qwell services for adults have now closed)



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Devon In Sight's In Vision Autumn Magazine (your local sight loss charity)

Go to In Vision Magazine Autumn 2024 email.pdf

VOYC Devon - Championing and strengthening children and young people's organisations in Devon

For news, updates, advice and support including safeguarding training and funding opportunities, go to <u>https://voycdevon.org.uk/</u>

and Guess What's Happening in November.. (mailchi.mp)

Stop for Life Devon – DCC's stop smoking service

Please go to: <u>Devon Stop Smoking Service</u> | <u>Devon County Council Stop Smoking Service Provided</u> by Best You (stopforlifedevon.org)

TRAINING

NCVO training – understanding vital support for small charities

For details of a new training course, Supporting charity set-ups

Go to: <u>Supporting charity set-ups: The perfect training course for you</u> (marketingusercontent.com)

Devon Communities Together and Living Options Devon – travel training Free Travelling with Confidence training provides group training for people with any form of disability to build long-term confidence using public transport.

For more details or to register interest, contact Rod Birtles: rod.birtles@devoncommunities.org.uk



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"Devon Multiply" Project (funded by the UK government and part of the Skills for Life campaign)

Providing organisations and individuals across Devon with **free numeracy courses** until March 2025. The numeracy and maths courses can help build confidence and improve the ability to understand and use maths in daily life, at home, and at work (e.g. budgeting, helping children with homework, measuring ingredients in cooking, skills development at work).

To be eligible, you must

- Live in the Devon County Council administrative area.
- Be aged 19+.
- Do not have a GCSE Grade 4/C (Functional Skills Level 2) or above in Maths.
- Accepted postcode districts include DT7, EX1-EX22, EX24-EX39, PL16, PL19-PL20 and TA21. (This is due to the lead partner of the project being Devon County Council, thus only their postcode districts apply)

Courses are free, online or face-to-face or a combination of both i.e. completely flexible. Contact Kit Williams (Maritime Sustainability Skills Manager at Cornwall Marine Network Ltd) at: <u>kristian.williams@cornwallmarine.net</u>

Devon Communities Together with Citizens Advice Devon

For those groups involved with helping those on benefits, Devon Community Learning is offering bespoke training courses on skills and knowledge needed to understand the complexities of the benefits system. For Early Bird bookings and members of Devon Communities Together, discounts on costs are being offered. For all details, dates of courses and how to book, go to https://devoncommunities.org.uk/courses

Parental Minds – One Devon's Putting the Pieces Together

One Devon's 'Putting the pieces together': complex trauma and language and communication development training sessions. For all details, venues and dates, go to <u>Putting the Pieces Together (mailerlite.com)</u>



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Learn Devon – adult learning and leisure courses

If you want to develop your skills, gain a qualification, meet new people or learn something new, have a look at what Learn Devon is offering.

For information on a wide range of courses, visit <u>www.learndevon.co.uk</u>

Immersion Reality Arcade Okehampton – new Maths skills offer

Free weekly programme to help adults with job prospects and learn some key skills for daily life – all via virtual reality! Includes standard fundamental maths curriculum. Mondays and Wednesdays 9.15 am-12 noon Wednesdays 7 - 9.30 pm To find out more, email <u>immersioninthecommunity@gmail.com</u> <u>https://www.immersionokehampton.co.uk/</u>

Pete's Dragons (in partnership with Public Health Devon) - Training on Community Suicide Awareness & Emotional Resilience

Pete's Dragons' fully-funded courses include:

- Community Suicide Awareness
- Connect 5 (Modules 1 to 3)
- Emotional Resilience

View and book via our Eventbrite: <u>https://petesdragons.eventbrite.com</u>. However, these courses listed above and still free of charge can be offered as closed sessions for groups of 8 or more. Please email <u>training@petesdragons.org.uk</u>.

Some other free courses listed on our Eventbrite are one-off courses only available as open sessions on the dates listed. So, if interested, book on them whilst you can, as there's no guarantees that they will be offered again!

SOUTH WEST & DEVON FOCUSSED GRANTS



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BBC Children in Need – Pudsey Next Steps Aiming to reach underserved and marginalised children and young people impacted by poverty and challenges linked to discrimination, exclusion or stigma. This first round is for new applicants to BBC Children in Need and supports organisations who:

- have not been funded by Children in Need before;
- have an annual turnover of £100,000 or less;
- are based in the community they serve;
- are reaching children and young people aged 0-18 years who are experiencing inequality of opportunity;
- fit the local priorities identified for the Nation or Region that they are working in.

Our funding priority for the **South West** region is to support racially minoritized children and young people; we are accepting applications from organisations working with this group. To find out more, go to: <u>https://www.bbcchildreninneed.co.uk/grants/apply/pudsey-next-steps/</u> Deadline for expressions of interest is **Tuesday 15th October 2024.**

Devon County Council's Growing Communities Fund

Grants are available to local community groups that run projects that help improve people's wellbeing, reduce hardship, provide a warm safe space to work or learn or socialise. Groups with schemes that bring communities together, alleviate food poverty or tackle loneliness, isolation, and build self-esteem, for example, are invited to apply. They could include offering advice, peer support or guidance on budgeting, cooking low-cost nutritional meals, or supporting the recruitment, training and retention of volunteers. Organisers of projects that have a clear and direct community benefit, such as improving the environment, or that use innovation to improve efficiency or proposals that seek to expand the reach of an existing scheme are also encouraged to apply.

To apply, email <u>communitygrants@devon.gov.uk</u> Applications must be submitted online and funding used or allocated before 28 February 2025 or sooner if the funding has been spent.

https://www.devon.gov.uk/communities/growing-communities-fund

DEVON COMMUNITY FOUNDATION SMALL GRANTS – a wide range of not-forprofit groups, social enterprises and CIC's are eligible to apply for grants of up to £5000, for new and/or small scale work that offers spaces, opportunities and/or resources to people who would not otherwise have access to these and strengthens Devon's communities. Details at <u>https://devoncf.com</u>



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WILD ABOUT DEVON - COMMUNITY WILD LIFE GRANT SCHEME 2024 -

Community groups, Parish Councils or local community partnerships are eligible to apply for a grant of up to £500 for initiatives that deliver local wildlife and biodiversity Details at https://devoncommunities.org.uk/projects Application window is open until 1st October 2024

THE SPORTS FOUNDATION FOR THE DISABLED – grants of up to £5000 available to organisations in the South West that support people with disabilities and visual impairment, at all levels in sport, from grassroots sports through to elite athletes. Funding must contribute towards sporting activities, sporting equipment or costs towards achieving a physical challenge. Find out more at https://www.sportsfoundationforthedisabled.org **Apply at any time**.

NATIONAL FUNDING

SEPTEMBER DEADLINES

THE ADAMSON TRUST – small grants of £1000 or less, available to individuals, registered charities, charitable organisations and schools to assist with the cost of respite breaks or holidays for children aged under 18yrs, who are living with emotional, mental or physical challenges. Further information at <u>https://www.theadamstontrust.co.uk</u>

Deadline 30 September 2024

D'OYLE CHARTE CHARITABLE TRUST – one-off revenue grants of up to £5000 available for Registered Charities working at grassroots level, for projects and core costs in the areas of arts, the environment and medical care. Further information at <u>https://doylycartecharitabletrust.org</u> **UPCOMING DEADLINE 24 September 2024**

G C GIBSON CHARITABLE TRUST –revenue grants averaging £3000 available for Registered Charities working in the areas of art, music, entertainment, nature conservation, civil society, education and hospices. Details at <u>https://www.gcgct.org</u> **Deadline 30 September**

OCTOBER DEADLINES



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CASH4CLUBS – this programme offers grants of up to £2000 to community and voluntary sports groups for adults 18+ years. Grants are unrestricted and can help with ongoing running costs, facility hire, equipment, kit, coaching and volunteer expenses. Full details at https://thehub.sported.org.uk/cash4clubs.html

Deadline 12 November 2024 but may close early if oversubscribed.

THE ELEPHANT TRUST – grants of up to £20,000 available to small charitable arts organisations, galleries and individual artists that are finding it difficult to secure funding for new work and exhibitions – find out more at <u>https://www.elephanttrust.org.uk</u> **Deadline 20 October 2024**

FIGHT FOR SIGHT - SOCIAL CHANGE FUND – grants of up to £30,000 available to Registered Charities, CIOs, Exempt Charities and CICs, for projects that support and empower children and young people who are blind or vision impaired with the tools to live independent and fulfilling lives. Full details at <u>https://www.fightforsight.org.uk</u> **Deadline 14 October 2024**

THE HEDLEY FOUNDATION LTD – one-off grants up to £5000 available to RegisteredCharities working with elderly people with mental or physical disability, terminally ill, young peopleand social welfare projects eg carers, homeless. Further information athttps://www.hedleyfoundation.org.ukDeadline 2 October 2024

THE HERITAGE CRAFTS ASSOCIATION ENDANGERED CRAFTS FUND – small grants available to voluntary, community organisations and individuals, especially craft practitioners for projects that support endangered crafts – to find out more go to https://www.heritagecrafts.org.uk Deadline 25 October 2024

HOME INSTEAD CHARITIES – grants of £500 available for small, grassroots community groups and grants of up to £1500 for small local Registered Charities that are providing activities and projects to prevent social isolation and lonliness for the over 55's. Full details at https://www.homeinstead.co.uk/charities/how-we-do-it/apply-for-a-grant Application window open in October 2024

THE LINDER FOUNDATION – grants for Registered Charities and Exempt Charities working in the areas of Arts, Environment, Support for Young People. Further information at https://thelinderfoundation.org.uk



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Deadline 31 October 2024

THE LINNEAN SOCIETY OF LONDON – OUR LOCAL NATURE GRANTS – grants ofup to £1000 available to schools, charities and community groups to engage young people under 16years old with nature. Find out more at https://www.linnean.org/about-us/medals-awards-prizes-grantsDeadline 25 October 2024

THE MCCARTHY STONE CHARITABLE FOUNDATION: CHRISTMAS

CONNECTIONS 2024 – grants of up to £750 available to registered charities, community groups and CIC's with an annual income of less than £250,000 to provide activities for people aged 65 and over during the festive season. Full details from <u>https://mccarthystonefoundation.org</u> **Deadline 11 October 2024**

THE MOTABILITY FOUNDATION GRANT PROGRAMMES – six grant programmes areopen for Stage 1 applications for initiatives that support, research and innovate in order that alldisabled people can make the journey's they choose – find out more athttps://www.motabilityfoundation.org.ukDeadline 8 October 2024

NATIONAL GARDEN SCHEME - COMMUNITY GARDEN GRANTS – grants of between £1000 - £5000 for community groups, Registered Charities and CIC's for gardening projects in their community. Full details at <u>https://ngs.org.uk/who-we-are/community-garden-grants</u> Deadline 28 October 2024

APPLICATIONS ACCEPTED AT ANY TIME

THE ELIZABETH FRANKLAND MOORE & STAR FOUNDATION – grants of up to £10,000 available to Registered Charities working in the areas of arts, education, homelessness, hospices, human rights, medical, veterans and support for vulnerable people in society. Write to Mr R A Griffiths, Chair, The Elizabeth Frankland Moore & Star Foundation, c/o Claydons Barns, 11 Towcester Road, Whittlebury, Towcester, NN12 8XU email info@neuhoffandco.com

THE JANE HODGE FOUNDATION – grants of various sizes available to Registered Charities and Exempt Charities working in the areas of social welfare and care, education, medical research – full details at https://www.hodgefoundation.org.uk

NINEVEH CHARITABLE TRUST – grants of between £2000-£5000 to support a range of organisations for projects and activities around health, welfare and education, with an emphasis on



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promoting better understanding of the environment and countryside. They also have an interest in encouraging school's interactions with the countryside and farming as part of their STEM curriculum. Go to https://nineventrust.org.uk

THE SWIRE CHARITABLE TRUST – three grant programmes are available to Registered Charities with grants of up to £50,000 for core costs, salaries and capital expenditure for work that directly addresses environmental causes, heritage and the challenges faced by the most marginalised members of society. Find out more at <u>https://www.swirecharitabletrust.org.uk</u>

RESOURCES

West Devon CVS

West Devon CVS has a range of Policy Guides and Templates for voluntary and community organisations which provide a framework which can help your organisation to define its practices. Subjects include: Complaints, Confidentiality, Data protection, Equality and Diversity, Financial Procedures, Health & Safety, Preventative Measures, Employee Terms and Conditions of Employment, Lone Workers Policy & Procedures, Recruitment Policy and Procedures, Safeguarding.

Contact Orla at <u>orla@westdevoncvs.org.uk</u> if you would like a copy of any of the above.

The Art of Legacies

Free to download Report to support arts, culture and heritage organisations (but useful for all voluntary, community and charitable groups) in maximising their long term income through legacy fundraising. The Report explores the opportunity for income growth from charitable gifts in Wills, shares market trends, guidance and insights on how arts organisations can grow and build a legacy fundraising strategy. Available from <u>https://www.rememberacharity.org.uk/about-us/for-charities/legacies-and-the-arts</u>



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UK FINANCE: VOLUNTARY ORGANISATIONS BANKING GUIDE

The Charity Commission and NCVO have welcomed the banking trade association UK Finance's launch of a **new website** to support charities and voluntary/community groups opening and managing bank accounts. The initiative is the result of a survey of Charity Trustees who reported difficulties with financial services. The website features a free account finder tool, step-by-step guide and frequently asked questions to help charities find the best account for their needs. Full details at <u>https://www.ukfinance.org.uk/our-</u> <u>expertise/commercial-finance/voluntary-organisations-banking-guide</u>

Support for Trustees

For all year round support and guidance, go to: <u>https://trusteesweek.org/supporter-resources/.</u>

ACAS

ACAS also provides a range of free advice and templates to Employers on Disciplinary and Grievance, Discrimination, Mediation on, Employment contracts and Terms and Conditions, Health & Wellbeing at Work. Go to <u>https://www.acas.org.uk/emplates-for-employers</u>

Charities Aid Foundation

Runs a Cost-of-Living Hub for charities and non-profits to help navigate the present challenges. The hub includes Resources to help with financial planning, fundraising and loans, plus expert views. Go to:

https://www.cafonline.org/charities/resource-

hub?utm_source=Charity+Digital&utm_medium=MPU&utm_campaign=COL_NewYear&utm_ id=Cost+of+Living+Paid+Digital

Charity Commission

Up to date information and guidance for voluntary and community sector charitable organisations. This includes short guidance – '5 Minute Guides' – on the basics all Trustees and Committee Members need to know. For further information please visit www.gov.uk/government/organisations/charity-commission



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NCVO

Knowledge pages

NCVO continue to offer their KnowHow Pages as a free resource for community and voluntary sector groups. A range of information and webinars for voluntary and community organisations is available, including:

- How to Support and Manage Staff
- Key Government Schemes Available to Employers
- Involving Volunteers
- Managing Risk
- Funding and Financial Management
- Governance
- Safeguarding

For more information please visit: https://www.knowhow.ncvs.org.uk/